



**THE NETHERLANDS**  
DUTCH ESSE TEAM  
FINALISED COURSE 1



**EUROPEAN SSEHV**  
**MEETING**  
IN GERMANY



**HOPE**  
**HAITI OUTREACH**  
**PROJECT EDUCARE**

# ESSE NEWS 2018

## Self-Knowledge Courses in Kazakhstan



An international Sathya Sai Education in Human Values (SSEHV) seminar entitled ‘The Concept of Self Knowledge – A Universal Approach’ was held at the National Bobek Center in Almaty, Kazakhstan.

Four hundred participants from all regions of the Republic of Kazakhstan attended the seminar, which was a continuation from previous years and designed to deepen the concept of Self Knowledge. ESSE Institute Trainers, Marianne Meyer (Denmark), Petra von Kalinowski (Germany) and Rainer Benda (Austria) delivered lectures and

workshops on the teaching methods of SSEHV (Course 1), as well as on the philosophy of Educare and the Core Tenets of SSEHV (Course 2), through talks on the concept of human values, communication and dialogue, the ability to work in a team, the ability to cope with difficulties, and the role of a person in society.

Attendees got the opportunity to participate in the creative workshops by expressing opinions, sharing experiences and exchanging tips, thereby making it quite an interactive and lively session.

Of particular interest, were creative workshops on the following topics: 'The Five Human Values from the perspective of Major Religions, Local Culture and National Education Priorities and Policies', 'Contemporary Theories: Moral Character Development' and 'Role Play', which all provided participants with valuable experience in communication and interaction.

The opening and closing ceremonies of the Seminar, included performances by 'Droplets of Happiness' a vocal and choral group (Self-knowledge gymnasium), and 'Erke Naz' dance group who delivered beautiful and expressive musical compositions.

Elmira Suhanberdieva, Vice Minister of Education and Science of the Republic of Kazakhstan, addressed guests



and attendees during the closing ceremony. This was followed by presentation of certificates to participants.

*The aim of Education is not only cultivating human qualities, but attaining self-knowledge.*

## Impressions



*The many precious moments of all ESSE seminars have been uploaded on the ESSE Institute homepage: <http://www.esse-institut.de/en/>*



This year has been devoted to the continuation of a series of seminars, which were introduced last year.

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## Russia

As in previous years the ESSE Institute, represented by Marianne Meyer, Petra von Kalinowski and Rainer Benda, supported the Russian ESSE Campus during their annual meeting in April 2018. Altogether around 100 Russian-speaking participants



from various countries joined the Update Courses and Course 3. This year 2 participants finalised their final project and received their Course 3 certificate.

## Hungary

During two seminars held in Budapest, Hungary, the focus was on following up on and deepening the basic concepts of SSEHV philosophy and pedagogy (Course 1). The lectures given by Petra von Kalinowski (DE) and Marianne Meyer (DK) to the 14 participants



provided insight into the numerous ways of teaching the universal human values, through various activities. The seminar featured several workshops and group discussions, including a role-playing activity, which served as a perfect means for participants to understand how the methods work, and why they are so efficient.

The participants are preparing for their final presentations to share their understanding of the different topics.

## The Netherlands

The inspiring team of Dutch trainers conducted Course 1 in close cooperation with, and under supervision of Marianne Meyer and Petra von Kalinowski.



This course was finalised with 6 presentations of participants who showed their understanding of the course content and this in an inspiring way. The subjects were very diverse. Some came with really personal stories, others with examples from their professional work at school or made a link to the environment and how to deal with that. Everyone enjoyed these days together and appreciated each other's work.



## Germany

Teachers from across Northern Europe came together to share their Sathya Sai Education in Human Values (SSEHV) projects, making it a wonderfully creative expression of how to practice SSEHV in different settings! Many inspiring projects were



discussed, such as working with community children in theatre, or with refugee children in Kindergarten, as well as delivering value education in the workplace through teaching medical students. Healthy living formed the basis of another



project and finally a very interesting project showing the impact of human values education in difficult areas like Haiti, where survival and getting an education are a daily struggle. What became clear, through the sharing of projects, is that the strength of the programme lies in recognising the universal human values in each and every person and how this leads to an atmosphere of love and respect. The continued practical application of the

values and the recognition of their numerous positive aspects will then make way for a shining character based on truthfulness and integrity.

Participant feedback



showed that the possibilities for using SSEHV are truly endless, and for the SSEHV trained teacher an expression of his/her personal talents and experience.



## Conference in Australia

In June 2018 Marianne Meyer was invited to participate as keynote speaker in the Australian National Educational Conference. The conference entitled 'Sathya Sai Education for a changing world', was held at the Australian Sathya Sai School in

Murwillumbah, with 108 participants. The programme included inspiring talks from the principal, teachers and children of the Sathya Sai School, who conveyed their joy and appreciation of working and learning at the school.





# Go Green Conference



Education Workshop during the first International Go Green Conference in India

The Go Green Conference held in July 2018 in India 2018, added to a better understanding of how to solve environmental issues in a meaningful way, with the focus on how spiritual solutions can contribute to environmental challenges. Part of the Conference was dedicated to Education.

Impressions and outcome from the educational workshop can be found here: <https://goo.gl/EXBQ6r>

## HOPE for the children in Haiti

2018 was a fruitful year for the education in human values training programmes in Haiti through the ESSE 'Haiti Outreach Project Education' ('HOPE') Project, with three visits of Katinka van Lamsweerde from the ESSE Institute. The outcome of this is that today a total of 470 students have secured a head start for a life of human excellence based on integrity, wisdom and compassion, which opens the way for heart to heart connections in Haiti.



The



trip in November made it possible to respond to demands for introductory sessions and training events in a number of new schools, as well as special training for

school directors, educators and teachers.

Here teachers and staff were introduced to Human Values and the Philosophy of Educare in an interactive manner. It also provided the opportunity to demonstrate SSEHV lessons through the direct method in more than 20 elementary and junior high school classes.

## Together Everybody Achieves More...

We would like to send our warm and heartfelt greetings and loving thoughts to all those, who have either supported or took part in the ESSE Institute's activities and made our lives more beautiful through your presences and helping hands.

We are looking forward to this continued support in 2019. Thank you!

With Loving Regards

The ESSE Team